

June 1-6

Pre-conference Activities

Pre-Conference Week - May 31 - June 6, 2021														
UTC - 0400	UTC	UTC + 0530	UTC + 0900								UTC - 0400	UTC	UTC + 0530	UTC + 0900
EDT	UTC	IST	JST, KST, WIT, PWT AWDT	Monday 31 May 2021	Tuesday 1 June 2021	Wednesday 2 June 2021	Thursday 3 June 2021	Friday 4 June 2021	Saturday 5 June 2021	Sunday 6 June 2021	EDT	UTC	IST	JST, KST, WIT, PWT AWDT
0:00	4:00	9:30	13:00								0:00	4:00	9:30	13:00
1:00	5:00	10:30	14:00								1:00	5:00	10:30	14:00
2:00	6:00	11:30	15:00								2:00	6:00	11:30	15:00
3:00	7:00	12:30	16:00								3:00	7:00	12:30	16:00
4:00	8:00	13:30	17:00								4:00	8:00	13:30	17:00
5:00	9:00	14:30	18:00								5:00	9:00	14:30	18:00
6:00	10:00	15:30	19:00								6:00	10:00	15:30	19:00
7:00	11:00	16:30	20:00								7:00	11:00	16:30	20:00
8:00	12:00	17:30	21:00								8:00	12:00	17:30	21:00
9:00	13:00	18:30	22:00			Conference Practice Session 09:00 - 10:00 (EDT) 13:00 - 14:00 (UTC) 18:30 - 19:30 (IST) 22:00 - 23:00 (JST) Open to all participants to learn how the conference will run					9:00	13:00	18:30	22:00
10:00	14:00	19:30	23:00								10:00	14:00	19:30	23:00
11:00	15:00	20:30	0:00								11:00	15:00	20:30	0:00
12:00	16:00	21:30	1:00								12:00	16:00	21:30	1:00
13:00	17:00	22:30	2:00								13:00	17:00	22:30	2:00
14:00	18:00	23:30	3:00								14:00	18:00	23:30	3:00
15:00	19:00	0:30	4:00								15:00	19:00	0:30	4:00
16:00	20:00	1:30	5:00								16:00	20:00	1:30	5:00
17:00	21:00	2:30	6:00					Conference Papers and Presentations Available 17:00 (EDT) 21:00 (UTC) 02:30 (IST) 06:00 (JST)			17:00	21:00	2:30	6:00
18:00	22:00	3:30	7:00								18:00	22:00	3:30	7:00
19:00	23:00	4:30	8:00								19:00	23:00	4:30	8:00
20:00	0:00	5:30	9:00								20:00	0:00	5:30	9:00
21:00	1:00	6:30	10:00								21:00	1:00	6:30	10:00
22:00	2:00	7:30	11:00								22:00	2:00	7:30	11:00
23:00	3:00	8:30	12:00								23:00	3:00	8:30	12:00

June 7-13

39 th IEEE Electrical Insulation Conference (EIC), 7-28 June 2021														
UTC - 0400	UTC	UTC + 0530	UTC + 0900								UTC - 0400	UTC	UTC + 0530	UTC + 0900
EDT	UTC	IST	JST, KST, WIT, PWT AWDT	Monday 7 June 2021	Tuesday 8 June 2021	Wednesday 9 June 2021	Thursday 10 June 2021	Friday 11 June 2021	Saturday 12 June 2021	Sunday 13 June 2021	EDT	UTC	IST	JST, KST, WIT, PWT AWDT
0:00	4:00	9:30	13:00								0:00	4:00	9:30	13:00
1:00	5:00	10:30	14:00								1:00	5:00	10:30	14:00
2:00	6:00	11:30	15:00								2:00	6:00	11:30	15:00
3:00	7:00	12:30	16:00								3:00	7:00	12:30	16:00
4:00	8:00	13:30	17:00					Live Poster Q&A - P1A 04:00 - 5:30 (EDT) 08:00 - 9:30 (UTC) 13:30 - 15:00 (IST) 17:00 - 18:30 (JST) R1: Rotating Machines and New Materials R2: Cables & Accessories and Power Electronics Packaging R3: Outdoor Insulation, Switchgear (including arrestors), Nanodielectrics, and Capacitors	Live Poster Q&A - P2A 04:00 - 5:30 (EDT) 08:00 - 9:30 (UTC) 13:30 - 15:00 (IST) 17:00 - 18:30 (JST) R1: Transformers R2: Failure Analysis R3: Partial Discharges & Transportation Systems		4:00	8:00	13:30	17:00
5:00	9:00	14:30	18:00								5:00	9:00	14:30	18:00
6:00	10:00	15:30	19:00								6:00	10:00	15:30	19:00
7:00	11:00	16:30	20:00								7:00	11:00	16:30	20:00
8:00	12:00	17:30	21:00								8:00	12:00	17:30	21:00
9:00	13:00	18:30	22:00	Conference Start 09:00 - 10:15 (EDT) 13:00 - 14:15 (UTC) 18:30 - 19:45 (IST) 22:00 - 23:15 (JST) Introduction Plenary Speaker Plenary Q & A		Live Students Meetup - A 09:00 - 11:00 (EDT) 13:00 - 15:00 (UTC) 18:30 - 20:30 (IST) 22:00 - 00:00 (JST)	Live Poster Q&A - P1B 09:00 - 10:30 (EDT) 13:00 - 14:30 (UTC) 18:30 - 20:00 (IST) 22:00 - 23:30 (JST) R1: Rotating Machines and New Materials R2: Cables & Accessories and Power Electronics Packaging R3: Outdoor Insulation, Switchgear (including arrestors), Nanodielectrics, and Capacitors	Live Poster Q&A - P2B 09:00 - 10:30 (EDT) 13:00 - 14:30 (UTC) 18:30 - 20:00 (IST) 22:00 - 23:30 (JST) R1: Transformers R2: Failure Analysis R3: Partial Discharges & Transportation Systems		9:00	13:00	18:30	22:00	
10:00	14:00	19:30	23:00								10:00	14:00	19:30	23:00
11:00	15:00	20:30	0:00								11:00	15:00	20:30	0:00
12:00	16:00	21:30	1:00								12:00	16:00	21:30	1:00
13:00	17:00	22:30	2:00								13:00	17:00	22:30	2:00
14:00	18:00	23:30	3:00								14:00	18:00	23:30	3:00
15:00	19:00	0:30	4:00								15:00	19:00	0:30	4:00
16:00	20:00	1:30	5:00								16:00	20:00	1:30	5:00
17:00	21:00	2:30	6:00								17:00	21:00	2:30	6:00
18:00	22:00	3:30	7:00								18:00	22:00	3:30	7:00
19:00	23:00	4:30	8:00								19:00	23:00	4:30	8:00
20:00	0:00	5:30	9:00			Live Students Meetup - B 20:00-22:00 (EDT) 00:00-02:00 (UTC) 05:30 - 07:30 (IST) 09:00-11:00 (JST)	Live Poster Q&A - P1C 20:00 - 21:30 (EDT) 00:00 - 01:30 (UTC) 05:30 - 07:00 (IST) 09:00 - 10:30 (JST) R1: Rotating Machines and New Materials R2: Cables & Accessories and Power Electronics Packaging R3: Outdoor Insulation, Switchgear (including arrestors), Nanodielectrics, and Capacitors	Live Poster Q&A - P2C 20:00 - 21:30 (EDT) 00:00 - 01:30 (UTC) 05:30 - 07:00 (IST) 09:00 - 10:30 (JST) R1: Transformers R2: Failure Analysis R3: Partial Discharges & Transportation Systems		20:00	0:00	5:30	9:00	
21:00	1:00	6:30	10:00								21:00	1:00	6:30	10:00
22:00	2:00	7:30	11:00								22:00	2:00	7:30	11:00
23:00	3:00	8:30	12:00								23:00	3:00	8:30	12:00

June 14-20

39th IEEE Electrical Insulation Conference (EIC), 7-28 June 2021

UTC - 0400	UTC	UTC + 0530	UTC + 0900								UTC - 0400	UTC	UTC + 0530	UTC + 0900
EDT	UTC	IST	JST, KST, WIT, PWT AWDT	Monday 14 June 2021	Tuesday 15 June 2021	Wednesday 16 June 2021	Thursday 17 June 2021	Friday 18 June 2021	Saturday 19 June 2021	Sunday 20 June 2021	EDT	UTC	IST	JST, KST, WIT, PWT AWDT
0:00	4:00	9:30	13:00								0:00	4:00	9:30	13:00
1:00	5:00	10:30	14:00								1:00	5:00	10:30	14:00
2:00	6:00	11:30	15:00								2:00	6:00	11:30	15:00
3:00	7:00	12:30	16:00								3:00	7:00	12:30	16:00
4:00	8:00	13:30	17:00								4:00	8:00	13:30	17:00
5:00	9:00	14:30	18:00								5:00	9:00	14:30	18:00
6:00	10:00	15:30	19:00								6:00	10:00	15:30	19:00
7:00	11:00	16:30	20:00								7:00	11:00	16:30	20:00
8:00	12:00	17:30	21:00	Dissection Workshop - DW1 08:00 - 12:00 (EDT) 12:00 - 16:00 (UTC) 17:30 - 21:30 (IST) 21:00 - 01:00 (JST)	Dissection Workshop - DW2 08:00 - 12:00 (EDT) 12:00 - 16:00 (UTC) 17:30 - 21:30 (IST) 21:00 - 01:00 (JST)	Short Course SC-2 Transformer & Bushing Insulation Diagnostics - Field perspective 08:00 - 12:00 (EDT) 12:00 - 16:00 (UTC) 17:30 - 21:30 (IST) 21:00 - 01:00 (JST)	MOVED TO JUNE 23rd Short Course SC-3 Electrical Insulation Forensics 08:00 - 12:00 (EDT) 12:00 - 16:00 (UTC) 17:30 - 21:30 (IST) 21:00 - 01:00 (JST)			8:00	12:00	17:30	21:00	
9:00	13:00	18:30	22:00								9:00	13:00	18:30	22:00
10:00	14:00	19:30	23:00								10:00	14:00	19:30	23:00
11:00	15:00	20:30	0:00								11:00	15:00	20:30	0:00
12:00	16:00	21:30	1:00					Live Open Discussion - LO1 12:00 - 13:30 (EDT) 16:00 - 17:30 (UTC) 21:30 - 23:00 (IST) 01:00 - 02:30 (JST) - Open Discussion for ALL Participants - Q&A for Posters - Sponsor Booths			12:00	16:00	21:30	1:00
13:00	17:00	22:30	2:00		Short Course SC-1 Effect of Inverter Drives on Rotating Machine Electrical Insulation 13:00 - 17:00 (EDT) 17:00 - 21:00 (UTC) 22:30 - 02:30 (IST) 02:00 - 06:00 (JST)						13:00	17:00	22:30	2:00
14:00	18:00	23:30	3:00								14:00	18:00	23:30	3:00
15:00	19:00	0:30	4:00								15:00	19:00	0:30	4:00
16:00	20:00	1:30	5:00								16:00	20:00	1:30	5:00
17:00	21:00	2:30	6:00								17:00	21:00	2:30	6:00
18:00	22:00	3:30	7:00								18:00	22:00	3:30	7:00
19:00	23:00	4:30	8:00								19:00	23:00	4:30	8:00
20:00	0:00	5:30	9:00								20:00	0:00	5:30	9:00
21:00	1:00	6:30	10:00								21:00	1:00	6:30	10:00
22:00	2:00	7:30	11:00								22:00	2:00	7:30	11:00
23:00	3:00	8:30	12:00								23:00	3:00	8:30	12:00

June 21-27

39 th IEEE Electrical Insulation Conference (EIC), 7-28 June 2021														
UTC - 0400	UTC	UTC + 0530	UTC + 0900								UTC - 0400	UTC	UTC + 0530	UTC + 0900
EDT	UTC	IST	JST, KST, WIT, PWT AWDT	Monday 21 June 2021	Tuesday 22 June 2021	Wednesday 23 June 2021	Thursday 24 June 2021	Friday 25 June 2021	Saturday 26 June 2021	Sunday 27 June 2021	EDT	UTC	IST	JST, KST, WIT, PWT AWDT
0:00	4:00	9:30	13:00								0:00	4:00	9:30	13:00
1:00	5:00	10:30	14:00								1:00	5:00	10:30	14:00
2:00	6:00	11:30	15:00								2:00	6:00	11:30	15:00
3:00	7:00	12:30	16:00								3:00	7:00	12:30	16:00
4:00	8:00	13:30	17:00	Oral Q&A Sessions: O1A, O2A 04:00 - 5:30 (EDT) 08:00 - 9:30 (UTC) 13:30 - 15:00 (IST) 17:00 - 18:30 (JST) O1A: Rotating Machines O2A: Transformers 1	Oral Q&A Sessions: O3A, O4A 04:00 - 5:30 (EDT) 08:00 - 9:30 (UTC) 13:30 - 15:00 (IST) 17:00 - 18:30 (JST) O3A: Transformers 2 O4A: Cables & Accessories		Oral Q&A Sessions: O5A, O6A, O7A 04:00 - 5:30 (EDT) 08:00 - 9:30 (UTC) 13:30 - 15:00 (IST) 17:00 - 18:30 (JST) O5A: Tests and PD's O6A: New Material, Out Insul O7A: Switch Gear, Capacitors, Transport, Failure Analysis, and Dissection				4:00	8:00	13:30	17:00
5:00	9:00	14:30	18:00								5:00	9:00	14:30	18:00
6:00	10:00	15:30	19:00								6:00	10:00	15:30	19:00
7:00	11:00	16:30	20:00								7:00	11:00	16:30	20:00
8:00	12:00	17:30	21:00			Live Student Experts Panel - SEP1 08:00 - 10:00 (EDT) 12:00 - 14:00 (UTC) 17:30 - 19:30 (IST) 21:00 - 23:00 (JST)					8:00	12:00	17:30	21:00
9:00	13:00	18:30	22:00	Oral Q&A Sessions: O1B, O2B 09:00 - 10:30 (EDT) 13:00 - 14:30 (UTC) 18:30 - 20:00 (IST) 22:00 - 23:30 (JST) O1B: Rotating Machines O2B: Transformers 1	Oral Q&A Sessions: O3B, O4B 09:00 - 10:30 (EDT) 13:00 - 14:30 (UTC) 18:30 - 20:00 (IST) 22:00 - 23:30 (JST) O3B: Transformers 2 O4B: Cables & Accessories		Oral Q&A Sessions: O5B, O6B, O7B 09:00 - 10:30 (EDT) 13:00 - 14:30 (UTC) 18:30 - 20:00 (IST) 22:00 - 23:30 (JST) O5B: Tests and PD's O6B: New Material, Out Insul O7B: Switch Gear, Capacitors, Transport, Failure Analysis, and Dissection			9:00	13:00	18:30	22:00	
10:00	14:00	19:30	23:00								10:00	14:00	19:30	23:00
10:30	14:30	20:00	23:30			Short Course SC-3 Electrical Insulation Forensics 10:30 - 14:30 (EDT) 14:30 - 18:30 (UTC) 20:00 - 00:00 (IST) 23:30 - 03:30 (JST) NOTE: Change in Date and Time!!!					10:30	14:30	20:00	23:30
11:00	15:00	20:30	0:00								11:00	15:00	20:30	0:00
12:00	16:00	21:30	1:00								12:00	16:00	21:30	1:00
13:00	17:00	22:30	2:00								13:00	17:00	22:30	2:00
14:00	18:00	23:30	3:00								14:00	18:00	23:30	3:00
14:30	18:30	0:00	3:30								14:30	18:30	0:00	3:30
15:00	19:00	0:30	4:00								15:00	19:00	0:30	4:00
16:00	20:00	1:30	5:00								16:00	20:00	1:30	5:00
17:00	21:00	2:30	6:00								17:00	21:00	2:30	6:00
18:00	22:00	3:30	7:00								18:00	22:00	3:30	7:00
19:00	23:00	4:30	8:00								19:00	23:00	4:30	8:00
20:00	0:00	5:30	9:00	Oral Q&A Sessions: O1C, O2C 20:00 - 21:30 (EDT) 00:00 - 01:30 (UTC) 05:30 - 07:00 (IST) 09:00 - 10:30 (JST) O1C: Rotating Machines O2C: Transformers 1	Oral Q&A Sessions: O3C, O4C 20:00 - 21:30 (EDT) 00:00 - 01:30 (UTC) 05:30 - 07:00 (IST) 09:00 - 10:30 (JST) O3C: Transformers 2 O4C: Cables & Accessories	Live Student Experts Panel - SEP2 20:00 - 21:30 (EDT) 00:00 - 01:30 (UTC) 05:30 - 07:00 (IST) 09:00 - 10:30 (JST)	Oral Q&A Sessions: O5C, O6C, O7C 20:00 - 21:30 (EDT) 00:00 - 01:30 (UTC) 05:30 - 07:00 (IST) 09:00 - 10:30 (JST) O5C: Tests and PD's O6C: New Material, Out Insul O7C: Switch Gear, Capacitors, Transport, Failure Analysis, and Dissection			20:00	0:00	5:30	9:00	
21:00	1:00	6:30	10:00								21:00	1:00	6:30	10:00
22:00	2:00	7:30	11:00								22:00	2:00	7:30	11:00
23:00	3:00	8:30	12:00								23:00	3:00	8:30	12:00

June 28

39th IEEE Electrical Insulation Conference (EIC), 7-28 June 2021

UTC - 0400	UTC	UTC + 0530	UTC + 0900								UTC - 0400	UTC	UTC + 0530	UTC + 0900
EDT	UTC	IST	JST, KST, WIT, PWT AWDT	Monday 28 June 2021	Tuesday 29 June 2021	Wednesday 30 June 2021	Thursday 1 July 2021	Friday 2 July 2021	Saturday 3 July 2021	Sunday 4 July 2021	EDT	UTC	IST	JST, KST, WIT, PWT AWDT
0:00	4:00	9:30	13:00								0:00	4:00	9:30	13:00
1:00	5:00	10:30	14:00								1:00	5:00	10:30	14:00
2:00	6:00	11:30	15:00								2:00	6:00	11:30	15:00
3:00	7:00	12:30	16:00								3:00	7:00	12:30	16:00
4:00	8:00	13:30	17:00								4:00	8:00	13:30	17:00
5:00	9:00	14:30	18:00								5:00	9:00	14:30	18:00
6:00	10:00	15:30	19:00								6:00	10:00	15:30	19:00
7:00	11:00	16:30	20:00								7:00	11:00	16:30	20:00
8:00	12:00	17:30	21:00								8:00	12:00	17:30	21:00
9:00	13:00	18:30	22:00	Live Open Discussion - LO2 09:00 - 10:30 (EDT) 13:00 - 14:30 (UTC) 18:30 - 20:00 (IST) 22:00 - 23:30 (JST) - Open Discussion for ALL Participants - Q&A for Posters - Sponsor Booths							9:00	13:00	18:30	22:00
10:00	14:00	19:30	23:00									10:00	14:00	19:30
11:00	15:00	20:30	0:00								11:00	15:00	20:30	0:00
12:00	16:00	21:30	1:00								12:00	16:00	21:30	1:00
13:00	17:00	22:30	2:00								13:00	17:00	22:30	2:00
14:00	18:00	23:30	3:00								14:00	18:00	23:30	3:00
15:00	19:00	0:30	4:00								15:00	19:00	0:30	4:00
16:00	20:00	1:30	5:00								16:00	20:00	1:30	5:00
17:00	21:00	2:30	6:00								17:00	21:00	2:30	6:00
18:00	22:00	3:30	7:00	18:00 (EDT) 22:00 (UTC) 03:30 (IST) 07:00 (JST) Conference Ends							18:00	22:00	3:30	7:00
19:00	23:00	4:30	8:00								19:00	23:00	4:30	8:00
20:00	0:00	5:30	9:00								20:00	0:00	5:30	9:00
21:00	1:00	6:30	10:00								21:00	1:00	6:30	10:00
22:00	2:00	7:30	11:00								22:00	2:00	7:30	11:00
23:00	3:00	8:30	12:00								23:00	3:00	8:30	12:00

Eastern Region Time Zones

Conference Time Zone	Eastern Region Time Zones						
	UTC	1	2	3	4	5	6
		UTC+0900	UTC+0800	UTC+0700	UTC+0600	UTC+0530	UTC+0500
EDT (Eastern Daylight Time)	UTC (Universal Time Coordinated)	JST (Japan Standard Time), KST (Korea Standard Time), WIT (Indonesian Eastern Standard Time), PWT (Pacific War Time), AWDT (Australian Western Standard Time)	CST (China Standard Time), HKT (Hong Kong Time), WITA (Indonesian Central Standard Time), PHT (Philippine Standard Time), MYT (Malaysia Time), BNT (Brunei Time)	ICT (Indochina Time), WIB (Indonesian Western Standard Time)	BDT (Bangladesh Time), BTT (Bhutan Time)	IST (Indian Standard Time)	PKT (Pakistan Standard Time)
0:00	4:00	13:00	12:00	11:00	10:00	9:30	9:00
1:00	5:00	14:00	13:00	12:00	11:00	10:30	10:00
2:00	6:00	15:00	14:00	13:00	12:00	11:30	11:00
3:00	7:00	16:00	15:00	14:00	13:00	12:30	12:00
4:00	8:00	17:00	16:00	15:00	14:00	13:30	13:00
5:00	9:00	18:00	17:00	16:00	15:00	14:30	14:00
6:00	10:00	19:00	18:00	17:00	16:00	15:30	15:00
7:00	11:00	20:00	19:00	18:00	17:00	16:30	16:00
8:00	12:00	21:00	20:00	19:00	18:00	17:30	17:00
9:00	13:00	22:00	21:00	20:00	19:00	18:30	18:00
10:00	14:00	23:00	22:00	21:00	20:00	19:30	19:00
11:00	15:00	0:00	23:00	22:00	21:00	20:30	20:00
12:00	16:00	1:00	0:00	23:00	22:00	21:30	21:00
13:00	17:00	2:00	1:00	0:00	23:00	22:30	22:00
14:00	18:00	3:00	2:00	1:00	0:00	23:30	23:00
15:00	19:00	4:00	3:00	2:00	1:00	0:30	0:00
16:00	20:00	5:00	4:00	3:00	2:00	1:30	1:00
17:00	21:00	6:00	5:00	4:00	3:00	2:30	2:00
18:00	22:00	7:00	6:00	5:00	4:00	3:30	3:00
19:00	23:00	8:00	7:00	6:00	5:00	4:30	4:00
20:00	0:00	9:00	8:00	7:00	6:00	5:30	5:00
21:00	1:00	10:00	9:00	8:00	7:00	6:30	6:00
22:00	2:00	11:00	10:00	9:00	8:00	7:30	7:00
23:00	3:00	12:00	11:00	10:00	9:00	8:30	8:00

European Time Zones

Conference Time Zone	UTC	European Region Time Zones					
		1	2	3	4	5	6
UTC-0400	UTC	UTC+0400	UTC+0300	UTC+0200	UTC+0100	UTC+0000	UTC-0100
EDT (Eastern Daylight Time)	UTC (Universal Time Coordinated)					UTC (Universal Time Coordinated)	
0:00	4:00	8:00	7:00	6:00	5:00	4:00	3:00
1:00	5:00	9:00	8:00	7:00	6:00	5:00	4:00
2:00	6:00	10:00	9:00	8:00	7:00	6:00	5:00
3:00	7:00	11:00	10:00	9:00	8:00	7:00	6:00
4:00	8:00	12:00	11:00	10:00	9:00	8:00	7:00
5:00	9:00	13:00	12:00	11:00	10:00	9:00	8:00
6:00	10:00	14:00	13:00	12:00	11:00	10:00	9:00
7:00	11:00	15:00	14:00	13:00	12:00	11:00	10:00
8:00	12:00	16:00	15:00	14:00	13:00	12:00	11:00
9:00	13:00	17:00	16:00	15:00	14:00	13:00	12:00
10:00	14:00	18:00	17:00	16:00	15:00	14:00	13:00
11:00	15:00	19:00	18:00	17:00	16:00	15:00	14:00
12:00	16:00	20:00	19:00	18:00	17:00	16:00	15:00
13:00	17:00	21:00	20:00	19:00	18:00	17:00	16:00
14:00	18:00	22:00	21:00	20:00	19:00	18:00	17:00
15:00	19:00	23:00	22:00	21:00	20:00	19:00	18:00
16:00	20:00	0:00	23:00	22:00	21:00	20:00	19:00
17:00	21:00	1:00	0:00	23:00	22:00	21:00	20:00
18:00	22:00	2:00	1:00	0:00	23:00	22:00	21:00
19:00	23:00	3:00	2:00	1:00	0:00	23:00	22:00
20:00	0:00	4:00	3:00	2:00	1:00	0:00	23:00
21:00	1:00	5:00	4:00	3:00	2:00	1:00	0:00
22:00	2:00	6:00	5:00	4:00	3:00	2:00	1:00
23:00	3:00	7:00	6:00	5:00	4:00	3:00	2:00

Western Time Zones

Conference Time Zone	UTC	Western Region Time Zones					
		1	2	3	4	5	6
		UTC-0300	UTC-0400	UTC-0500	UTC-0600	UTC-0700	UTC-0800
EDT (Eastern Daylight Time)	UTC (Universal Time Coordinated)		EDT (Eastern Daylight Time)	CDT (Central Daylight Time)	MDT (Mountain Daylight Time)	PDT (Pacific Daylight Time)	
0:00	4:00	1:00	0:00	23:00	22:00	21:00	20:00
1:00	5:00	2:00	1:00	0:00	23:00	22:00	21:00
2:00	6:00	3:00	2:00	1:00	0:00	23:00	22:00
3:00	7:00	4:00	3:00	2:00	1:00	0:00	23:00
4:00	8:00	5:00	4:00	3:00	2:00	1:00	0:00
5:00	9:00	6:00	5:00	4:00	3:00	2:00	1:00
6:00	10:00	7:00	6:00	5:00	4:00	3:00	2:00
7:00	11:00	8:00	7:00	6:00	5:00	4:00	3:00
8:00	12:00	9:00	8:00	7:00	6:00	5:00	4:00
9:00	13:00	10:00	9:00	8:00	7:00	6:00	5:00
10:00	14:00	11:00	10:00	9:00	8:00	7:00	6:00
11:00	15:00	12:00	11:00	10:00	9:00	8:00	7:00
12:00	16:00	13:00	12:00	11:00	10:00	9:00	8:00
13:00	17:00	14:00	13:00	12:00	11:00	10:00	9:00
14:00	18:00	15:00	14:00	13:00	12:00	11:00	10:00
15:00	19:00	16:00	15:00	14:00	13:00	12:00	11:00
16:00	20:00	17:00	16:00	15:00	14:00	13:00	12:00
17:00	21:00	18:00	17:00	16:00	15:00	14:00	13:00
18:00	22:00	19:00	18:00	17:00	16:00	15:00	14:00
19:00	23:00	20:00	19:00	18:00	17:00	16:00	15:00
20:00	0:00	21:00	20:00	19:00	18:00	17:00	16:00
21:00	1:00	22:00	21:00	20:00	19:00	18:00	17:00
22:00	2:00	23:00	22:00	21:00	20:00	19:00	18:00
23:00	3:00	0:00	23:00	22:00	21:00	20:00	19:00

Pacific Time Zones

Conference Time Zone	UTC	Pacific Region Time Zones					
		1	2	3	4	5	6
		UTC-0900	UTC-1000	UTC-1100	UTC-1200	UTC-1300	UTC-1400
EDT (Eastern Daylight Time)	UTC (Universal Time Coordinated)						
0:00	4:00	19:00	18:00	17:00	16:00	15:00	14:00
1:00	5:00	20:00	19:00	18:00	17:00	16:00	15:00
2:00	6:00	21:00	20:00	19:00	18:00	17:00	16:00
3:00	7:00	22:00	21:00	20:00	19:00	18:00	17:00
4:00	8:00	23:00	22:00	21:00	20:00	19:00	18:00
5:00	9:00	0:00	23:00	22:00	21:00	20:00	19:00
6:00	10:00	1:00	0:00	23:00	22:00	21:00	20:00
7:00	11:00	2:00	1:00	0:00	23:00	22:00	21:00
8:00	12:00	3:00	2:00	1:00	0:00	23:00	22:00
9:00	13:00	4:00	3:00	2:00	1:00	0:00	23:00
10:00	14:00	5:00	4:00	3:00	2:00	1:00	0:00
11:00	15:00	6:00	5:00	4:00	3:00	2:00	1:00
12:00	16:00	7:00	6:00	5:00	4:00	3:00	2:00
13:00	17:00	8:00	7:00	6:00	5:00	4:00	3:00
14:00	18:00	9:00	8:00	7:00	6:00	5:00	4:00
15:00	19:00	10:00	9:00	8:00	7:00	6:00	5:00
16:00	20:00	11:00	10:00	9:00	8:00	7:00	6:00
17:00	21:00	12:00	11:00	10:00	9:00	8:00	7:00
18:00	22:00	13:00	12:00	11:00	10:00	9:00	8:00
19:00	23:00	14:00	13:00	12:00	11:00	10:00	9:00
20:00	0:00	15:00	14:00	13:00	12:00	11:00	10:00
21:00	1:00	16:00	15:00	14:00	13:00	12:00	11:00
22:00	2:00	17:00	16:00	15:00	14:00	13:00	12:00
23:00	3:00	18:00	17:00	16:00	15:00	14:00	13:00